

plied to the abdominal muscles, gently rubbed in by your own hand, guided by your own mind. It makes the muscles pliant, they expand quite naturally and the effect upon the nerves is such that they adjust themselves to the process of expansion so fast that the process is almost imperceptible. Women who use "Mother's Friend" refer to the absence of morning sickness; they are relieved of a great many minor distresses, all apprehension disappears and those peculiar nervous "kicks" no longer disturb the nights. It is well named "Mother's Friend." Get a bottle today and drag out the "twelve months" with a minimum of pain and instructive book for all prospective mothers. Address: Bradfield Regimetal Co., 404 Lamar Bldg., Atlanta, Ga.